

Oroville Police Department

ARREST & CONTROL EXPANDED COURSE OUTLINE

(4 HOUR STANDARD TRAINING)

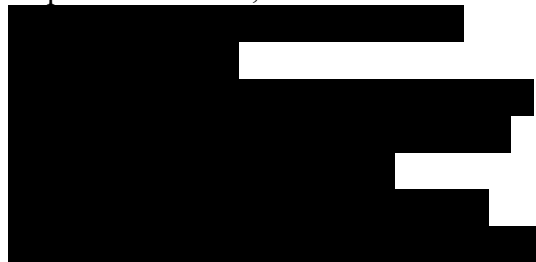
I. COURSE GOAL:

The course will provide the agency peace officer with the areas of Arrest and Control required in the POST Perishable Skills Training Program (PSP). The trainee will refresh the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect.

II. COURSE OBJECTIVES:

The trainee will:

- a. Demonstrate knowledge of their individual Department Arrest and Control Policy.
- b. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques.
- c. Demonstrate P.O.S.T. minimum standard of arrest and control skills with every technique and exercise, to include:



III. ARREST AND CONTROL

POST Category III Topics/Exercises:

- a. Safety orientation and warm-up(s)
- b. Class Exercises/Student Evaluation/Testing
- c. Search – in exercise(s)
- d. Control/Takedown/ -in exercise(s)
- e. Equipment/Restraint device(s) use – in exercise(s)
- f. Verbal commands – in exercise(s)
- g. Use of Force Considerations
- h. Body Physics & Dynamics (suspect(s) response to force)
- i. Body balance/stance/movement patterns –in exercise(s)
- j. Policies and legal issues
- k. Recovery/First Aid (as applicable)

POST Category III Optional Topics/Exercises



Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

IV. REGISTRATION AND ORIENTATION

- A. Introduction, Registration and Orientation
- B. Course Objectives/Overview, Exercises, Evaluation/Testing **III (b)**

V. SAFETY ORIENTATION AND WARM-UP **III (a)**

- A. Review of Safety Policies and injury precautions
- B. Students will participate in warm-up/stretching exercises

VI. USE OF FORCE POLICIES AND LEGAL ISSUES **III (g, j)**

- A. Case Law Update, report documentation and policy
 - 1. Tennessee v Garner
 - 2. Graham v Connor
 - 3. Forrester v San Diego
 - 4. Long Beach v Long Beach POA
 - 5. Status of Pepper Spray Cases (Humboldt Co., etc.)
- B. Local Policies


VII. BODY PHYSICS AND DYNAMICS/SUSPECT REACTION TO FORCE **III (h)**





VIII. PHYSICAL CONDITIONING

III (a)

- A. Three Biggest Disablers
 - 1. Heart Attacks
 - 2. Lower Back and Knee Injuries
 - 3. Peptic Ulcers
- B. How to Reduce Individual Risk to Above Disablers
 - 1. Nutrition
 - 2. 

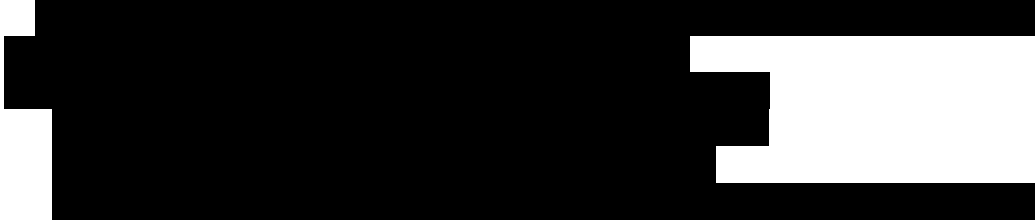
IX. BODY BALANCE/STANCE & MOVEMENT FROM POSITION OF INTERVIEW AND FIGHTING STANCE

III (i)

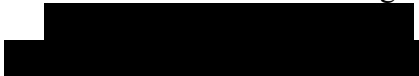


X. SEARCH TECHNIQUES/CONTROL HOLD/TAKEDOWN/HANDCUFFING DE-ESCALATION, VERBAL COMMANDS

III (c,d,e,f,k)

- A. 

- B. Unknown Risk Handcuffing techniques





D. Control Holds and response to resistance



2. Twist lock



3. Bar Arm Wrist Lock



4. Reverse Wrist



XI. TESTING AND REMEDIATION

1. Practical Examination: Students who cannot demonstrate exercise, established in this course, will be remediated, and tested until proficiency is achieved.

2. Testing and Remediation will be one-on-one instructor to student ratio.